

Before the Board of County Commissioners
Indian River County, Florida

A Proclamation

Recognizing April 2011 as
National Minority Health Month

Whereas, the **National Minority Health Month** was established to recognize the existence of disparities in the health status among racial and ethnic populations and the need to eliminate these disparities thereby resulting in improved health for all populations; and

Whereas, despite great improvements in the overall health of the nation's population, health disparities remain widespread among members of racial and ethnic minorities, including a lack of access to preventive healthcare and lack of health insurance; and

Whereas, illness and chronic disease may be prevented and managed by maintaining a healthy weight, eating healthy nutritious meals, being knowledgeable of family history, and getting regular checkups and screenings; and

Whereas, the focus of National Minority Health Month 2011 is "Bring It or Buy It - Make Lunch Healthy, Green and Good! In Schools, even Food Can Teach Us a Lesson" on Minority Health and School Food; and

Whereas, the link to adult conditions now seen in children such as diabetes, extreme weight gain, high blood pressure, and high cholesterol levels are traced back to food consumption and lack of physical activity; and

Whereas, a great number of minority children participate in the school lunch program; therefore, school food is a critical social determinant of the health of minority children; and

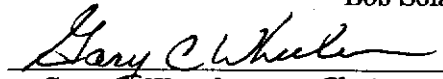
Whereas, the Indian River County Board of County Commissioners acknowledges that minority health is a priority for individuals, families, communities, the state, and the nation.

Now, therefore, be it Proclaimed by the Indian River County Board of County Commissioners that the Board recognizes the month of April 2011 as the **National Minority Health Month**.

Duly adopted this 16th day of April 2011

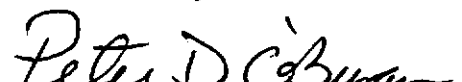


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