

2007 Arthritis Chronic Disease Indicators

- **Arthritis Indicator #1.** Arthritis among adults aged ≥ 18 years

Healthy People 2010 Objective: There is no Healthy People 2010 objective for this indicator. However, this indicator is needed to measure arthritis Healthy People 2010 objectives 2-1 through 2-8.
- **Arthritis Indicator #2.** Activity limitation due to arthritis among adults aged ≥ 18 years

Healthy People 2010 Objective: 2-2 Reduce the proportion of adults with doctor-diagnosed arthritis who experience a limitation in activity due to arthritis or joint symptoms.
- **Arthritis Indicator #3.** Physical inactivity among adults aged ≥ 18 years with arthritis

Healthy People 2010 Objective: 22-1 Reduce the proportion of adults who engage in no leisure-time physical activity.
- **Arthritis Indicator #4.** Arthritis among adults aged ≥ 18 years who are obese

Healthy People 2010 Objective: 19-2 Reduce the proportion of adults who are obese.
- **Arthritis Indicator #5.** Arthritis among adults aged ≥ 18 years who have diabetes

Healthy People 2010 Objective: 5-3 Reduce the overall rate of diabetes that is clinically diagnosed.
- **Arthritis Indicator #6.** Arthritis among adults aged ≥ 18 years who have heart disease

Healthy People 2010 Objective: 12-9 Reduce the proportion of adults with high blood pressure.
- **Arthritis Indicator #7.** Fair or poor health among adults aged ≥ 18 years with arthritis

Healthy People 2010 Objective: None
- **Arthritis Indicator #8.** Adults aged ≥ 18 years with arthritis who have taken a class to learn how to manage arthritis symptoms

Healthy People 2010 Objective: 2-8 Increase the proportion of adults with doctor-diagnosed arthritis who have had effective, science-based arthritis education as an integral part of the management of their condition.